

Elevate Your Ordinary

DH Elevation Consulting

The Elevate

Feature Story: My Day of Service

Hi GG Families & Friends,

I am Great Girl, Arielle Stokes (A-Mac). On MLK Day, I participated in Great Girl Meet-Up Day 2 Serve at Atlanta's Zonolite Park for the Invasive Removal Project. This was a rewarding experience. I helped to haul and cut pivot (an invasive Plant) which would be bundled to send to the Atlanta Zoo to feed the animals. In addition, I hauled mulch in a wheel barrow to fill holes and put around plants.

At first, I did not know what to expect but it was an enjoyable and amazing experience. I felt I gave back as Martin Luther King, Jr. would have wanted. It was my day of service to the community. In the words of Martin Luther King, Jr., "Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject verb agree to serve. You only need a heart full of grace. A soul generated by love."

-GG A-Mac

Newsletter Highlights

JANUARY,
DAY 2 SERVE MEET-
UP (MU

NEWS WORTHY

OUR COMMUNITY
GETS STRONGER
WHEN WE STAY
CONNECTED

GREAT GIRL BIRTHDAY
SHOUTOUTS!

FUTURE GREAT GIRL
MEETUPS

CHANGE IS MERELY A
NEW CHANCE



January 16th

Day 2 Serve Meet-Up (MU)



GG A'Mac and her Aunt Ruth



GG Atlys



Honorary GG Asa, GG Atlys,
Dr. Lisa, & GG A'Mac



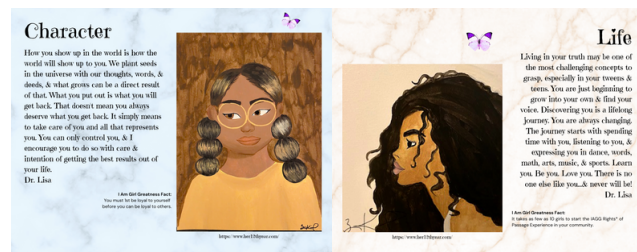
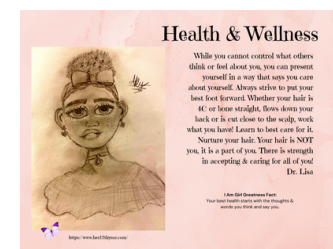
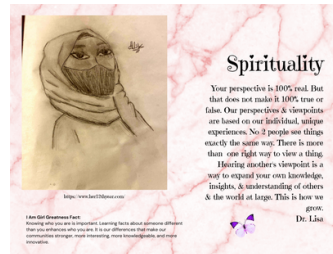
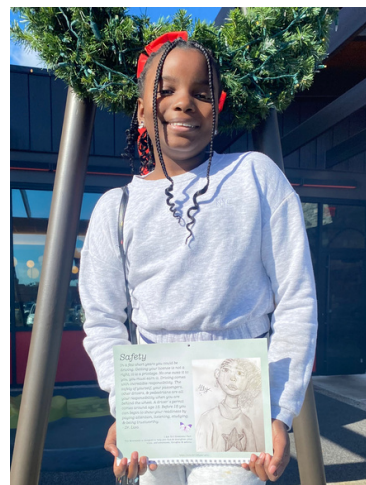
Our park clean up team

News Worthy

Meet the Calendar Artist

My name is Zoe Kinard and I am a Great Girl. I am 13 and attend the Forest School Online. I enjoy painting, sketching, crocheting, and sculpting. I enjoy art because I am able to express myself through it. Whenever I have strong emotions (negative or positive), I always paint because creating something I'm proud of always makes me feel better.

I have been blessed with many opportunities through this talent. I am most proud of being able to help paint a mural in Atlanta that honors Civil Rights activists. I created my business Art two years ago and it's been so much fun building the business and making art for others to enjoy. I am also a proud member of DH Elevation Consulting's I Am Girl Greatness Rights of Passage Experience and Movement



Great Girl Atlys Coton Copeland is as unique and dynamic as her name. Atlys is an 11-year-old native Atlantan who attends Charles Drew Charter Elementary School. She is the youngest of three siblings, Ari and Asa. Atlys is a quirky and spunky young lady who marches to the beat of her own drum. She is currently involved in orchestra, the reading bowl, the student equity council, the steam club, and leading the efforts in revamping the student Tinker Yard playground. She is also a proud member of the DH Elevation Consulting I Am Girl Greatness Rights of Passage Experience and Movement.

Atlys has always had an interest in the Arts. She creates through sewing, crocheting, clay sculpting, painting, and drawing. Her love for drawing sparked from her older brother assisting with school projects. Atlys continues to hone her skills as an artist while exploring the many facets of art. She is inspired by the beauty of everyday things. If you were to look through her art journal you would see everyday things drawn in detail. Atlys is captivated by the Realism genre that allows her to learn and discover different styles of art. Atlys plans to continue learning and taking her art to the next level.

Purchase your calendars here:

<https://www.her12thyear.com/shop-girl-greatness/>

Our Community Only Gets Stronger When We Stay Connected

Hi All, it is my purpose & desire to only create spaces & opportunities to support the healthy development of GGs everywhere. To that end, we currently have 3 ways to make that happen. Please mark your calendars, register, stay involved, and share your suggestions to help our IAGG community thrive! -Dr. Lisa

Meet-Ups:

As you can tell from A-Mac's article and the photos, our January, Day 2 Serve Meet-Up (MU) was enjoyable time well spent! The ultimate goal for the GG MUs is for our Great Girls to continue creating bonds with one another, in meaningful ways. I am open to all suggestions for future MUs.

On **February 18th at 8:30am**, we will have our next **Meet-Up**. As we will be raising funds to help the Atlanta Union Mission support those experiencing homelessness, there is a \$40 fee associated with participation. This is an activity in which the entire family and friends can be involved in. We suggest purchasing an Atlanta Great Girl t-shirt for the walk. Orders need to be completed by February 7, 2023 to receive it before the Meet-Up. If you don't have your ATL GG t-shirt please wear your I Am Girl Greatness t-shirt. **REGISTRATION LINK:** Please go to the link to sign up your Great Girl and family members up for our team at

<https://give.atlantamission.org/fundraiser/4387140>. On the left side click "My Team". On the next page click "Join Team." On the next page click "Register with a New Page." You may secure a sponsor for your Great Girl's registration. They must use the above link to do so. Do not have them go to the donation page. We have set a goal to raise \$500 for the Mission.

We encourage you to help our Great Girl Team meet this goal by sharing this **DONATION LINK:** <https://give.atlantamission.org/GreatGirls> with your family and friends. This is for donations only.

Great Girl Clubs:

The GG Clubs are a step beyond the MUs. Most MUs are only for GG who have successfully completed a Rights of Passage Experience (RoP). The Clubs will include MUs and opportunities for non-RoP girls to participate in talks and events. GG Clubs can be established in other cities and states. Reach out to info@DHElevation.com for details. **SAVE THE DATE!!! June 9th, 7:00pm – June 11th, 2:00pm** will be the **1st Annual National I AM GIRL GREATNESS MEET-UP**, in Atlanta, GA. Our goal is to bring all girls and their parents, guardians, mentors, counselors, & leaders for an exciting weekend of activities, speakers, and laughter! Stay tuned for more details soon!

Telegram:

Join us on Telegram. It is an interactive phone & computer app for groups to stay connected. Here we will share IAGG pictures of activities, event updates, resource links, and pose questions and answers to support your tween/teen parental journeys as a GG & as a GG parent. We hope you will actively engage with us and one another here. **Register link:** <https://t.me/+5F5Sqa3G2fdINjVh>.

Future Great Girl Meet-Ups



March 4th
April 1st
May 6th
June 9-11th



Next Parent Town Hall

Topic: **Be Quick to Listen, Slow to Speak:**

Do you really hear your Great Girl?

March 14th, 7pm EST **Register today at:**

<https://www.eventbrite.com/e/be-quick-to-listen-slow-to-speak-do-you-really-hear-your-great-girl-tickets-529848419887>



GREAT GIRL BIRTHDAYS



February: **GG Ja'Siah Jackson - 16th**

February: **GG Destiny Cameron - 18th**

March: **GG Kai Kinard - 10th**

March: **GG Zoe Kinard - 10th**

March: **GG Riley Smith - 15th**



Change is Merely a New Chance



"You must welcome change as the rule, but not as your ruler."
-Denis Waitley

As we embark upon this new year I challenge you to be thankful for and embrace the change. While change can be difficult, it is also the start of something new. A new year to be better, a new year to get closer to your goals. Change is merely a new chance. What are ways you can embrace the change of this new year? Is there a mental, physical, or spiritual change that you would like to make? There are an infinite different ways you can change for the better? You can make a change in your community. You can change up your style. You can change your morning routine or your night routine. Whatever the change may be for you, always remember you have to believe in whatever change you are making FIRST.

-Taelor D
DHE Administrative Assistant