



*Elevate Your Ordinary*

# DH Elevation Consulting

## The Elevate

### Feature Story: Wrapping up 2022

Hi GG Families & Friends,

The past few months have been incredibly challenging times for my family and me, this is why I have been a bit silent, and we missed the last few GG Meet-Ups. However, through grace, I am still moving through and getting back on track! We will not have an actual MU in December. But I am encouraging you all to check out the Money vs Wealth Challenge under “A Message from Dr. Lisa”. It combines November’s theme of Life, specifically the Volunteering and Community Service subchapter, with December’s theme of Money. Also, be sure to check out the exciting upcoming activities. We hope you all will be inspired to support and stay engaged with the IAGG Movement and share the word about what we are doing to uplift our GREAT GIRLS! I am grateful to be able to present this final newsletter of 2022. Wow! Can you believe its almost 2023?!! Taelor and I have been working hard to end 2022 strong and have plans to make 2023 positively memorable for the IAGG family! Thank you all for growing with us as we create and implement ways to ensure “every girl has the right to live & thrive.”

### Newsletter Highlights

GREAT GIRL  
MEET UP

GREAT GIRL  
BIRTHDAY  
SHOUTOUTS!

MONEY V. WEALTH  
CHALLENGE

NEWS WORTHY

PARENT TOWN  
HALL  
DEC. 15



# Great Girl Meet Ups



## January-June 2023

Mark your CALENDARS:

**January 16th** – Character: Dr. M.L. King Jr. Holiday. A Day of Service – we will join with Hands on Atlanta for a Day of Service activity.

**February** – Health & Wellness: Find a local 5k walk/run for charity. Participate as a family, or invite a friend. On 2/18 the Atlanta Union Mission is the charity walk we support locally.

**March 4th** – Communication: “What’s on your mind?” An open, virtual convo about whatever the GG’s would like to discuss (GG and mentors only please).

**April 1st** – Friends: Bullying is not a joke! – PSA – Creating posters, social media posts and a t-shirt contest to decrease bullying in your school

**May 6th** – Your Purpose – Your Destiny: The School Year in Review - a reflection and

projection convo with the GG Mentors

**June 9-11th** – The 1st Annual I AM GIRL GREATNESS CONFERENCE, Atlanta, GA!!

Note: unless otherwise noted: most Meet-Ups will occur on the 1st Saturday of every month at 10:30am (EST) and there will be in-person, virtual, or hybrid options (TBD)

# A Message from Dr. Lisa

## Money vs Wealth Challenge

As we enter the winter holiday season with lights shining, vacations with family and friends being planned, and shopping lists being made, let us be intentional to talk about wealth.

- let us spend more time creating memories over spending more money
- Let us increase our gifts of lasting joy over gifts that may soon be forgotten
- Let us share gifts of smiling, spending quality, engaging in an act of kindness, or

having a meaningful conversation. Wealth outlasts money. Wealth can be felt and experienced, while money is more tangible. Even financial wealth isn't as quickly spent as money.

### **So...here's the challenge:**

1. Have a conversation about generational wealth. What wealth has been passed down in your family( even if you are the first to pass it)- favorite mouthwatering recipes; spiritual beliefs; a set of China, a handmade quilt, family land

2. Arrange a visit to a senior center or assisted living facility where you can give manicures to the residents, sings songs, or maybe perform a mini concert or dance recital, or recite poetry. Your gift of time and caring will bring lasting joy to many who often do not receive visitors. They will know they haven't been forgotten. Maybe grab a friend or 2 to join you in this activity. Please take pics for the next newsletter.

3. Surprise a family member with an unexpected act of kindness. An act that will require your time and effort, and that could enhance your relationship because you think that much of them.

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Seasons of giving should be year long. But during this time, when giving is highlighted, I encourage the greatness IN you to share the Greatness OF You and help elevate someone's ordinary.



# GREAT GIRL BIRTHDAYS



- November: **GG Taylor Hunt - 8th**
- November: **GG Abigail Elder - 12th**
- November: **GG Breanna Haynes - 19th**
- December: **GG Bailey Rose Alexander - 22th**
- January: **GG JaKayla Jones - 7th**
- January: **GG Ka'Marley Phelps - 21st**



## News Worthy

On December 7th 'I Am Girl Greatness' will be launching new merchandise on our website for pre-order. These will be great as gifts for the holidays!



Cyber Monday deals will start today and go until the end of the year!! Shop Girl Greatness now <https://www.her12thyear.com/shop-girl-greatness/>

# Upcoming Events



## SUPPORT FUTURE GREAT GIRLS

- "I Am Girl Greatness" will be hosting a Double Good fundraiser starting December 11, 2022 at 5:00pm - donations will be used for partial scholarships for 2023 Rights of Passage participants.  
<https://s.dgpopup.com/en25c98w>
- <https://www.her12thyear.com/sponsor-an-event/> Donations of any amount are impactful



Sarah Villalva, Grief Coach

## Parent Town Hall: Bearing the Unbearable: When grief becomes your new language

Thursday, Dec 15th, 7-8pm (EST)

Led by Sarah Villalva, Grief Coach, Healing Journey Home.

This activity is for those who have questions about grief, and grief and their children. If you have been struggling with your own grief, talking to your child about their grief, or aren't sure how to support them in their grief while you deal with your own grief, this Town Hall may be for you. It is a free, virtual event. There will be exercises, Q&A, and resource sharing.

It is our intention to create a space in which you can find safety to share, feel, move and grow. **Please register via the Eventbrite link today**

<https://www.eventbrite.com/e/parent-town-hall-bearing-the-unbearable-grief-tickets-478706503037>