

Elevate Your Ordinary

# DH Elevation Consulting

## The Elevate

### Feature Story: Meet Our Newest Great Girls!

Meet Taelor and Emerie:

Taelor joins the DHE Family bringing energy, creativity, purpose, and a young adults' perspective as my assistant. Taelor has a degree in Marketing Management with a focus on social media (*like, follow, & share us on social media*). She is also a Registered Behavioral Therapist serving families of children with autism and other intellectual disabilities.

Taelor said she wants to learn more for herself and for the growth of DHE!

Why do I support and work with DH Elevation Consulting?

July 2021 I found out I was pregnant. It was not an ideal situation. It was a situation that, as a child, I vowed I would never put my children through. Yet, here I was. Throughout my pregnancy I struggled with depression and the thought of how I was going to do this all alone, all while dealing with heartbreak. One of the things that kept me going was that I had this strong feeling that I was going to be blessed with a baby girl. The thought of having a girl created another troubling thought in itself; how am I going to raise a young lady to be more confident, courageous, fearless, and independent than I was. If I had known about any of the resources that Dr. Lisa offered my mind may have been more at ease. From reading "Her 12th Year", even though it is early, to her Girl Greatness programs. I am glad to have access to all of the many resources Dr. Lisa offers with DH Elevation.

On March 2, 2022, Taelor welcomed her very own Great Girl Emerie to the world! We are excited to see Emmy's Greatness shine!!

WELCOME TO THE FAMILY TAEOR & EMMY

Taelor Davis can be reached at [info@DHElevation.com](mailto:info@DHElevation.com)



### Newsletter Highlights

CYBER SAFETY & YOUR FAMILY

NEWS WORTHY

UPCOMING EVENTS

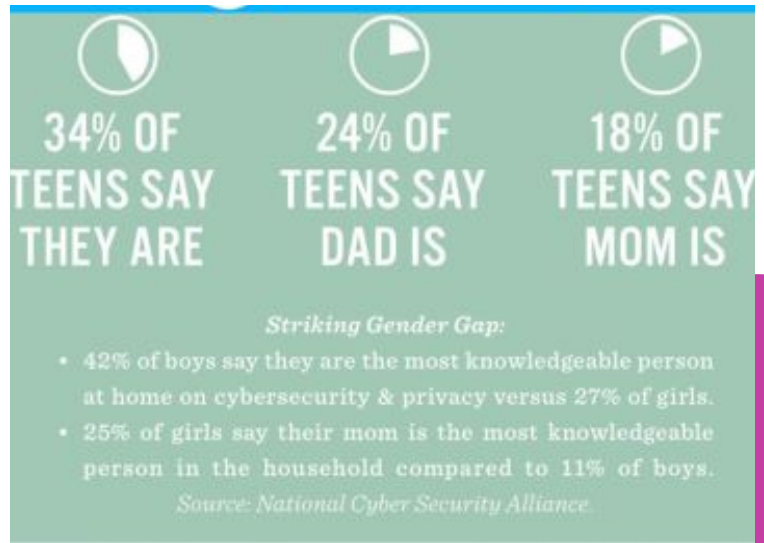
GREAT GIRL BIRTHDAY SHOUTOUTS!

MESSAGE FROM DR. LISA

# WHO IS THE CHIEF SECURITY OFFICER IN THE FAMILY?



CyberSecurity4biz.com



With so much info coming out over the last year about INTERNET SAFETY & YOUNG GIRLS, we simply can't ignore it.

As parents in this technical and global world, we have a sharp learning curve to overcome.

## LIVE Q&A: The More You Know: ways to protect your tween on the Internet

**RESPONSIBLE USAGE**  
**SAFTEY**  
**KNOWLEDGE**  
**BULLYING**  
**PHISHING**  
**DARK WEB**  
**STALKERS**  
**PREDATORS**

Presented by:  
Todd Mitchell,  
CyberSecurity4Biz, LLC &  
Dr. Lisa T. Sistrunk,  
DH Elevation Consulting

When: Tuesday, April 12, 2022 @ 7pm EST

Registration Link:  
<https://www.her12thyear.com/event/t/868/>

4.12.22

**Share within your networks**

**FREE**

**FREE**

7pm EST

## Cyber Saftey

We encourage you to share any questions when you register at <https://www.her12thyear.com/event/868/>

We will try to answer as many as we can.

# News Worthy:

Dr. Lisa is honored to be featured in SHOUTOUT ATLANTA Magazine. Check out the article and learn how DHE came to be:

<https://shoutoutatlanta.com/meet-dr-lisa-t-sistrunk-edd-mentor-life-coach-author-ceo/>



## GREAT GIRL BIRTHDAYS

January:

**Jakayla Jones**

**Ka'Marley Phelps**

February:

**Original Great Girl- Kamaria Williams**

## Open Mic Event

16 years and older



So much has gone on since our last newsletter:

1. We are in the process of applying for our 501c3 - Non Profit status. This will allow us to secure more funding to regularly provide scholarships for families to participate in DHE programs
2. If you'd like your Great Girl to be a Feature Story, please submit the 2 paragraph article and 2 pictures to Info@DHElevation.com
3. This week we will have more cyber security tips & articles on our Parent Resource page <https://www.her12thyear.com/additional-resources/>
4. We will be sending out The Elevate every 2 months. See you in June!

## A Message from the Dr. Lisa